Symposium V

Managing the Opioid Epidemic: The Role of the Orthopaedic Surgeon and Anesthesiologist  
Co-branded by AAHKS and the American Society of Regional Anesthesia and Pain Medicine

**Moderator:** William A. Jiranek, MD  
**Faculty:** Asokumar Buvanendran, MD, Lawrence D. Dorr, MD, Mark J. Spangehl, MD, Eugene Viscusi, MD

I. Predictive Factors of TKA Patients to Develop Chronic Pain, Asokumar Buvanendran MD
   - A. Preoperative factors  
   - B. Postoperative factors

II. The Role of the Orthopedic surgeon for Opioid Reduction in the Hospital and Post-Acute, Lawrence D. Dorr, MD
   - A. Decreasing narcotics in the floor  
   - B. Decreasing narcotics on the discharge

III. Blocks vs. Local Anesthetic Injections for Hip and Knee Arthroplasty? Mark J. Spangehl, MD
   - A. Placing pre- or postop?  
   - B. Keeping out of the surgical field  
   - C. Home indwelling catheters—does it make sense?  
   - D. Risk to nerves with infusions

IV. Managing Prolonged Pain after TJA: Examining the Role of Opioids, Eugene Viscusi, MD
   - A. I just gave him a refill—predicting med requirements  
   - B. When and who to ask for help?  
   - C. Any role for sympathetic blocks?  
     Peripheral blocks  
   - D. Denervation?  
   - E. When does it become CRPS?

**Discussion and Questions, William A. Jiranek MD**