Symposium V

Understanding Hip Dysplasia: Evolving Disease Concepts and Treatment Innovations

Moderator: John C. Clohisy, MD
Faculty: Paul Beaule, MD, Asheesh Bedi, MD, Christopher L. Peters, MD

Dysplasia of the hip is a common disorder that impacts patients in childhood, adolescence, young adulthood and later adulthood. Improved understanding of hip pathomorphology and dynamic instability have led to major improvements in diagnosis and surgical treatments. This symposium highlights recent advancements and innovations in the understanding and treatment of the very diverse disease spectrum. Presentations will emphasize surgical techniques via educational videos.

Objectives: Review the contemporary definition of hip dysplasia/structural instability and the pathophysiology of disease.

Define the contemporary role of hip arthroscopy in the treatment of hip dysplasia (video techniques).

Discuss open joint preservation procedures and joint replacement procedures for the spectrum of hip dysplasia pathomorphologies (video techniques).

Outline:
Introduction—John C. Clohisy, MD
A contemporary definition of DDH and structural instability—Paul Beaule, MD
Does Hip Arthroscopy have a role in the treatment of developmental hip dysplasia?—Asheesh Bedi, MD
Innovations in joint preservation procedures for the dysplastic hip—John C. Clohisy, MD
Arthroplasty challenges covering the spectrum of DDH—Christopher L. Peters, MD
Discussion (including cases)